

**Nolensville Family Medicine**  
**776-8088**

**Helicobacter Pylori Urea Breath Test**

Purpose of the test is to confirm that the H. Pylori infection has been resolved.

Instructions prior to testing:

1. Patient should not take any Antibiotics, Pepto Bismol, Prevacid, Protonix, Nexium or Prilosec (omeprazole) 2 weeks prior to testing.
2. Fast (nothing to eat or drink) for at least 1 hour prior to testing.
3. Plan to be in our office 20-30 minutes the day of the test.

You will be asked to take a deep breath and then exhale into a bag specifically made for this test. This will be a baseline. After this you will drink a cup of Citrus solution mixed with water, through a straw, and wait quietly for 15 minutes. Then you will be asked to take a deep breath and exhale into a different bag.

We will send these bags to the lab for testing. If your test comes back positive you will be asked to schedule an appointment to discuss.

If you have any questions please call us at 776-8088.